

BODY WAXING



Remove unwanted hair the environmentally safe way.

Note: We recommend waxing be performed the day before or the day after any other spa service in the related areas. Complimentary consultation is available.

FACE	Eye Brows	\$18
	Lip	\$18
	Chin	\$18
	Cheeks	\$18
	Sideburns	\$18
	Full Face	\$36
LEGS	Full	\$72
	Half	\$36
	Toes	\$18
BODY	Arms	\$36
	Underarms	\$18
	Bikini	\$36
	Brazilian	\$54
	Back	\$54
	Chest	\$54
	Stomach	\$18

*Additional \$10 fee will be applied for any waxing service over 15 minutes of allotted time.

HAND & FOOT THERAPY



HAND RELIEF TREATMENT – \$25

FOOT RELIEF TREATMENT – \$40

HAND & FOOT RELIEF TREATMENT – \$55

Customized care for your hands and feet; includes deep cleansing, personalized massage, exfoliation and treatment masque. Bring your hands and feet back into balance with this necessary spa experience.

CARIBBEAN THERAPY™ HAND TREATMENT – \$45

CARIBBEAN THERAPY™ FOOT TREATMENT – \$60

CARIBBEAN THERAPY™ HAND & FOOT TREATMENT – \$90

A special exfoliating paste and warm seaweed masque, combined with the healing touch and plant ingredients of the Caribbean, improves the condition of the hands and feet.

BOTANICAL RESURFACING HAND TREATMENT – \$45

Hand therapy to help diminish dark pigment spots. Experience our Botanical Skin Resurfacing Technique followed by brightening products to correct and prevent future pigmentation changes.

GREEN SCIENCE™ HAND TREATMENT – \$45

An exfoliation based anti-aging treatment to lift and firm the skin while improving your hands smoothness, tone and clarity, targeting age spots and reducing lines and wrinkles.

SPA PACKAGES



Give the gift of relaxation to a loved one, friend, co-worker or just treat yourself.

We can also personalize a spa package for you.

REJUVENATION

\$125 for 2 hours

Restore yourself to a more youthful condition.

Package Includes: Thalassotherapy

30 minute Facial & 60 minute Massage

OR 60 minute Facial & 30 minute Massage

EUPHORIA

\$145 for 2 hours and 15 minutes

Get the feeling of elation.

Package Includes: Aqua Polish

Body Wrap

30 minute Facial OR 30 minute Massage

TRANQUILITY

\$160 for 2 hours and 30 minutes

Move into a state of peace and quiet.

Package Includes: Thalassotherapy

30 minute Facial & 60 minute Massage

OR 60 minute Facial & 30 minute Massage

Hand & Foot Treatment

INDULGE

\$275 for 4 hours

Pamper yourself to the fullest.

Package Includes: Thalassotherapy

Aqua Polish

Body Wrap

60 minute Facial OR 60 minute Massage

Hand & Foot Treatment

Light Lunch

COMPLETE YOUR SPA EXPERIENCE

AVEDA MAKE UP APPLICATION – \$25

EYEBROW TINT – \$20

EYELASH TINT – \$20

EYEBROW & EYELASH TINT – \$35

ABOUT YOUR SPA VISIT...

*Gift Cards are available.

***Please allow 24 to 48 hours notice for cancellation.**

*For Thalassotherapy or Vichy Shower, please bring a bathing suit.

*We suggest you arrive 20 minutes prior to your appointment.

We invite you to visit our salon for complete hair and nail services.

***Services may not be available at all locations.
Contact the Salon/Spa for details.**



Menu of Services

to soothe

&

relax you

from

head to toe

indulge
at Dillard's
AN AVEDA SPA

BODY TREATMENTS



AQUA POLISH

\$60 for 45 minutes

An exfoliating body treatment using natural minerals and sea salts; moisturizes, purifies and refines skin leaving it soft, smooth and polished with a new sense of balance.



CARIBBEAN THERAPY™ BODY TREATMENT

\$80 for 60 minutes

\$100 for 90 minutes

A rejuvenating and nurturing body treatment that uses the healing touch and plant ingredients from the Caribbean to create inner calm and renew the body and senses. The treatment begins with a dry exfoliation, followed by a warm, seaweed masque to smooth and detoxify. A restorative scalp, face and body ritual completes this island-inspired experience.

Vichy Shower version offered in select spas - check for availability.



ESSENTIAL BACK TREATMENT

\$60 for 45 minutes

Removes impurities, relaxes tension and leaves those hard-to-reach areas soft and smooth. Perfect if you are having skin challenges on your back, seasonal skin changes or a special occasion.



HIMALAYAN REJUVENATION TREATMENT

\$150 for 120 minutes

Go beyond relaxation to a pure mind/body connection with this complete detoxifying experience. A thorough consultation allows for a customized experience; a dry skin exfoliation and an invigorating massage loosen impurities and heat the body's tissues. An aromatic steam will warm you while a continuous stream of warmed, plant-based liquid is directed onto your forehead to elicit a deep sense of relaxation and transport you to a state of bliss.



ROSEMARY MINT AWAKENING BODY WRAP

\$80 for 60 minutes

Renew body and mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Aveda Rosemary Mint Body Lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses while a scalp and foot ritual balances the whole body.



THALASSOTHERAPY

\$45 for 30 minutes

A private hydrotherapy treatment which uses carefully directed jets of water to massage the body and detoxify the skin. Increases lymphatic circulation and facilitates relaxation.

FACIALS



BOTANICAL SKIN RESURFACING ANTI-AGING FACIAL

\$75 for 60 minutes \$100 for 90 minutes

Experience the power of nature's radiant jewel, tourmaline, with Aveda's alternative to microdermabrasion. Refines skin texture, reduces the appearance of fine lines and diminishes pore size while significantly increasing radiance; all with minimal irritation and inflammation. *Not recommended for extremely sensitive skin conditions.*



ELEMENTAL NATURE FACIAL

\$70 for 60 minutes \$110 with Plant Peel

Addresses skin concerns ranging from aging to dryness, sensitivity and oiliness. This treatment includes customized product formulas, massage techniques and rituals to restore your skin's balance.



EXPRESS

\$40 for 30 minutes

Thirty minutes of dedication to your skin with a choice of skin exfoliation, face and neck massage or corrective techniques for stressed skin. Leave with an instant, healthy glow.



GREEN SCIENCE™ SKIN-RENEWING TREATMENT

\$90 for 60 minutes \$130 with Plant Peel

Clinically proven to lift and firm the skin, visibly reduce fine lines and wrinkles, significantly improve skin's smoothness, tone, clarity, and barrier strength while reducing the appearance of age spots. Skin rejuvenating massage techniques incorporated with the professional use-only Green Science™ Masque-age treatment, results in a firmer, more youthful complexion and appearance.



OUTER PEACE™ ACNE RELIEF TREATMENT

\$40 for 30 minutes \$70 for 60 minutes

A total solution – personalized for your skin – that treats not only acne symptoms, but its causes, so skin stays clear. Includes consultation; professional exfoliation and pore extractions (where needed), as well as treatments and techniques to soothe redness and balance the skin.

For optimal results we recommend a series of three weekly treatments.



PERFECTING PLANT PEEL™ ADD-ON

\$40 for 30 minutes

This 2-step system is clinically proven to provide the instant exfoliation and radiance benefits of a 30% glycolic peel without the associated redness and irritation. The result is smooth, refined and even-toned skin – skin that looks perfected by nature.

For optimal results we recommend a series of four weekly treatments, followed by monthly maintenance facials.



REVITALIZING EYE TREATMENT

\$40 for 30 minutes \$25 with facial

Soothe your delicate eye zone with a cooling and revitalizing treatment. See a noticeable reduction in the appearance of fine lines, puffiness and dark circles.



REVITALIZING LIP TREATMENT

\$40 for 30 minutes \$25 with facial

Exfoliating treatment for dry, cracked lips; leaving lips smoother and more refined.

MASSAGES



CHAKRA™ BALANCING MASSAGE

\$75 for 60 minutes

This innovative spa treatment centers the chakras using massage techniques in conjunction with specially-formulated aromatherapeutic Chakra Balancing Blends. Combines deep tissue massage, chakra reflexology and chakra visualization techniques, with a focus on harmonizing each of the seven energy chakra centers of the body. You are guided through a gentle meditation, to help reduce stress, decrease muscular tension, and increase energy.



DEEP TISSUE MASSAGE

\$75 for 60 minutes \$100 for 90 minutes

An intense massage focused on the deeper layers of muscle to release lingering tension and knots.



ELEMENTAL NATURE MASSAGE

\$45 for 30 minutes \$75 for 60 minutes

\$100 for 90 minutes

A personalized massage experience based upon the Aveda Elemental philosophy and your favorite Aveda aromas. Depending upon your needs, customized massage techniques will be utilized to accomplish desired results.



SEATED CHAIR MASSAGE

\$20 for 15 minutes

This service is given in a body chair designed to relieve tension and relax the entire body while scalp, neck and shoulders are being massaged.



SPORT MASSAGE

\$75 for 60 minutes \$100 for 90 minutes

A vigorous massage designed to enhance athletic performance and recovery. Fast-paced and stimulating, it helps to establish blood flow and to warm up muscles.



STONE MASSAGE

\$100 for 60 minutes

Experience the aromatic power of Aveda Pure Flower and Plant Essences fused with the sensation of smooth stone massage. Your chosen aroma will encompass the senses while opposing sensations of warm and cold stones combined with massage techniques balance, soothe, and invigorate your body.



SWEDISH MASSAGE

\$40 for 30 minutes \$70 for 60 minutes

\$100 for 90 minutes

This massage uses firm but gentle pressure to improve the circulation, ease muscle aches and tension, improve flexibility and create relaxation.